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Ronald A. Ducharme
Leon A. Duff
Lisa Gibson Landry
Carol Axtell
Rosalie Curtis Williams
Frederic J. Olsen

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Robert J. Ringer
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Tony Loiko
James E. Coffin
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William I. Branch
Alan D. Dorval
William S. Johnson
Lori Fowle
Alison Jones Webb

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Cheryl Davis
Dave Dawson
Kim Croswell
Mike Roy
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Susan Tuthill
Anita Anderson
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Racheal Merriam
Duane Wheeler
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Fred Olsen
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Marissa Griffin

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Nadine Marchand
Leslie Heselton
Branden Densmore
Sarah Hafford
Kerry Caron
Joyce Gilbert
Barbara Lunsford
John Shattuck

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Jessica Guimond
Jeff Baril
Judith Binette
Rose-Marie Charest
Blaine Linton, LADC
Samuel Mathis
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A Note from the CEO and KMHA Parent Board President

Dear Friends, Supporters and Community Members,

We are very pleased to provide you with Kennebec Behavioral Health’s Annual Report for our most recent fiscal year which ended June 30, 2015. This report chronicles our success over the past fiscal year, as we have seen our services once again increase as we saw nearly 15,000 persons in our variety of programs.

Generally, we have seen modest increases in all of our programs, which include our residential services, our vocational services, our community and school-based services, as well as our core services at our four primary clinic locations.

Fiscal year 2015 saw KBH continue on a path of diversifying our services as well as participating in the next rounds of the implementation of the Affordable Care Act. Kennebec Behavioral Health currently partners with a number of mental health providers as well as primary care and physical health providers throughout central Maine and beyond.

Our diversification of services allows KBH to meet the needs of our clients and patients in a comprehensive way while at the same time allowing for choice. This is particularly true for families and children receiving services, as our coordinated care efforts help to reduce duplication and streamline treatment. Our diversification of services has also strengthened our business model, and we believe the results in this annual report illustrate our stability.

In conclusion, it is clear that we are living in a time where healthcare is evolving rapidly, and we believe our job at KBH is to remain a viable and vital treatment provider in central Maine and beyond. Thank you for your help and support as we look to the future of mental health care in central Maine.

Sincerely,

Thomas J. McAdam
Chief Executive Officer

Ronald A. Ducharme, Esq
KMHA Parent Board, President
Youth homelessness is one of the most critical and challenging issues in Kennebec and Somerset counties. Youth who are experiencing homelessness need a wide variety of services and supports – everything from food and clothing, to case management services, help with family reunification as well as safe and stable housing.

Many come with histories of abuse, suicide and family strife. Further, youth homelessness comes with many risks and challenges that jeopardize education, job opportunities and physical and mental health.

KBH’s Homeless Youth Outreach Program finds youth who are homeless, couch surfing, or who have somehow managed to shelter themselves and provides individualized support to meet the young person’s needs. Working collaboratively with the youth, schools, doctors and family members, KBH and its Outreach Program are able to provide homeless youth with more stability and the tools to become more successful.

This year, we are very pleased to have an anonymous donor who has offered a 1:1 match for every dollar that is raised for the Homeless Youth Outreach Program until March 31, 2016 up to $10,000. Any gift until the end of March for youth who are experiencing homelessness will be doubled. Please help support the campaign for homeless youth.

Donations can be mailed to Tina Chapman at 67 Eustis Pkwy., Waterville, ME 04901. Gifts can also be made online at www.kbhmaine.org or by phone (207) 873-2136 x 1905.

“I’m planning to go to college later this year... If it wasn’t for the Outreach Program, I don’t think I’d be where I am now.”

- Alex
**Clients Served**

**Towns with KBH clients & clinic locations**

<table>
<thead>
<tr>
<th>Service</th>
<th>Clients Served</th>
</tr>
</thead>
<tbody>
<tr>
<td>Access Center</td>
<td>803</td>
</tr>
<tr>
<td>Access Center (youth)</td>
<td>301</td>
</tr>
<tr>
<td>Adolescent Community Reinforcement Approach</td>
<td>40</td>
</tr>
<tr>
<td>Augusta House</td>
<td>9</td>
</tr>
<tr>
<td>Behavioral Health Homes (adult)</td>
<td>140</td>
</tr>
<tr>
<td>Behavioral Health Homes (youth)</td>
<td>96</td>
</tr>
<tr>
<td>Capitol Clubhouse</td>
<td>189</td>
</tr>
<tr>
<td>Children’s Case Management</td>
<td>324</td>
</tr>
<tr>
<td>Community Integration (CI)</td>
<td>914</td>
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<tr>
<td>Community Living Services</td>
<td>73</td>
</tr>
<tr>
<td>Complex Outpatient (adult)</td>
<td>743</td>
</tr>
<tr>
<td>Complex Outpatient (youth)</td>
<td>67</td>
</tr>
<tr>
<td>Developmental Services Case Management</td>
<td>114</td>
</tr>
<tr>
<td>Dialectical Behavior Therapy</td>
<td>72</td>
</tr>
<tr>
<td>Dual Diagnosis Community Support</td>
<td>28</td>
</tr>
<tr>
<td>Family Behavioral Health Sect 17</td>
<td>12</td>
</tr>
<tr>
<td>HeadStart Services</td>
<td>3</td>
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<tr>
<td>Home and Community Treatment (HCT)</td>
<td>324</td>
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<tr>
<td>High Hopes Clubhouse</td>
<td>232</td>
</tr>
<tr>
<td>Looking Ahead Clubhouse</td>
<td>193</td>
</tr>
<tr>
<td>Medication Clinic (adult)</td>
<td>3749</td>
</tr>
<tr>
<td>Medication Clinic (youth)</td>
<td>1551</td>
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<tr>
<td>Multisystemic Therapy (MST)</td>
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<tr>
<td>Outpatient Services (adult)</td>
<td>2652</td>
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<tr>
<td>Outreach Services (adult)</td>
<td>96</td>
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<tr>
<td>Outreach Services (youth)</td>
<td>63</td>
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<tr>
<td>School Based Services</td>
<td>610</td>
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<tr>
<td>Substance Abuse Services</td>
<td>495</td>
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<tr>
<td>Supported Housing</td>
<td>38</td>
</tr>
<tr>
<td>Valley View</td>
<td>13</td>
</tr>
<tr>
<td>Walnut Street</td>
<td>12</td>
</tr>
<tr>
<td>Wilson Place</td>
<td>9</td>
</tr>
</tbody>
</table>

**Total KBH Clients served by program:** 14,593
### 2015 Outcomes & Successes

- Clubhouse staff and members competed in the **2015 Nami Maine Walks anti-stigma event**. Looking Ahead Clubhouse had over 30 participants.

- KBH hosted a 2015 Community Learning Series with **four free workshops** open to the public about mental health topics.

- 98.2% of clients were **satisfied with overall quality of care** provided by KBH in FY2015.

- 88.9% of youth in Multisystemic Therapy are **in school and/or working** and 90% have no new criminal charges.

- An average of **85%** of employed members at Capitol Clubhouse maintained their supported employment positions.

- 97% of youth in Children’s Case Management
**FY 2015 Expenses**

<table>
<thead>
<tr>
<th>Category</th>
<th>6/30/2015</th>
<th>6/30/2014</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Revenue</strong></td>
<td></td>
<td></td>
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<tr>
<td>Grants</td>
<td>$3,301,187</td>
<td>$3,435,932</td>
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<tr>
<td>Fees</td>
<td>$22,055,322</td>
<td>$20,170,460</td>
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<tr>
<td>Fundraising</td>
<td>$140,829</td>
<td>$127,291</td>
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<tr>
<td>Rent</td>
<td>$388,768</td>
<td>$330,374</td>
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<tr>
<td>Other</td>
<td>$575,032</td>
<td>$789,977</td>
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<tr>
<td><strong>Total Revenue</strong></td>
<td>$26,461,138</td>
<td>$24,854,034</td>
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<tr>
<td><strong>Expenses</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program Services</td>
<td>$22,603,296</td>
<td>$21,136,537</td>
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<tr>
<td>Management &amp; General</td>
<td>$3,071,247</td>
<td>$3,004,827</td>
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<tr>
<td>Fundraising</td>
<td>$162,501</td>
<td>$197,383</td>
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<tr>
<td><strong>Total Expenses</strong></td>
<td>$25,837,044</td>
<td>$24,338,747</td>
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<tr>
<td><strong>Change in Net Assets</strong></td>
<td>$624,094</td>
<td>$515,287</td>
</tr>
</tbody>
</table>

Audited by Gibson LeClair, LLC

---

**2015 Successes**

- **remained in their homes** or communities and did not require Intensive Temporary Residential Treatment within the year following discharge.

- An **In-Home Clinical Program** was added within School-Based Services to meet the needs of children needing services delivered outside of an office and school-based setting.

- An average of 96.5% of clients in KBH’s Community Integration Services remained in the community and **avoided psychiatric hospitalization**.

- High Hopes Clubhouse increased daily membership to be consistent at 57 members a day and introduced **new employer partners** in the Waterville area.

- Dr. Karen Mosher retired after 35 years at KBH. Carla Stockdale replaced Dr. Mosher as the **new Clinical Director**.
KBH and Crisis & Counseling Summer BBQ

In September 2015, Kennebec Behavioral Health and Crisis & Counseling joined together for the first annual joint staff BBQ.

It was a perfect day and a great opportunity for staff and managers of the two organizations to connect over food, laughter and a common goal – to help those struggling with mental illness or substance use disorder.

Newly retired, former Clinical Director Dr. Karen Mosher joined us for the festivities as well as both CEOs Tom McAdam (KBH) and Mike Mitchell (Crisis & Counseling). We’re looking forward to next year already!

Kind, Brave Heroes United Way Campaign

Kennebec Behavioral Health had another successful United Way campaign this year and was able to increase both gifts to United Way of Mid-Maine and United Way of Kennebec Valley. KBH increased its overall gift by almost 20% and its number of participants by almost 25%.

Each year, the organization hopes to improve its campaign with new and exciting ideas and a theme. This year’s theme was “KBH: Kind, Brave Heroes.”

A KBH “Treat Patrol” was formed to answer any questions about United Way, increase participation and to add a little sweetness to everyone’s day. This patrol was able to make all of KBH’s locations.

Further, KBH added on to previous prizes by creating an incentive for staff to increase their gifts or to start giving to United Way. There was a wonderful amount of support and participation. The generosity the organization has seen has been inspirational and we can’t wait for next year!

New Offices Opened

New offices for Kennebec Behavioral Health were opened in Farmington and Pittsfield. Services include Case Management, Home and Community-Based Treatment and Multisystemic Therapy.

“The recent opening of our Pittsfield and Farmington offices has allowed us to better collaborate and partner with regional provider agencies and community members. Partnerships promote better communication and a higher quality service delivery.

“Providers and community members in each region identify concerns with poverty, lack of resources, and the need for more effective collaboration and communication. We are pleased to have an increased presence and participation in the Pittsfield and Farmington regions helping address these important issues.”

- Scott Brown, Director of Case Management Services

Kennebec Behavioral Health is in our second year of delivering Behavioral Health Homes Services to children and adults across all of our locations.

The opportunity and challenge that we are trying to solve with our state partners is to help the people that we serve live longer. People with mental illness experience health risks greater than the general population and have more co-occurring health conditions.

The solution lies in integrated care – the coordination of mental health, substance abuse and primary care services.

We have focused this past year on several key areas of development to help us transform the care that we deliver through our Behavioral Health Home Services. We are achieving this through implementing a team-based approach to care that includes a KBH nurse care manager and KBH peer/ family support specialist who work closely with the KBH case manager.

Coordination and communication with our partners, who deliver primary care, and with local hospitals in the regions that we serve are another integral part of our service delivery in the Behavioral Health Home.

We are approaching our work together through the lens of population health to help find the best outcomes for the individuals that we serve. KBH looks toward more exciting opportunities to continue to transform our care and be part of the solution in the coming year.

* The State of Maine designated KBH as a provider of Behavioral Health Home Services in 2014.
FY 2015 Donors

Individuals

Anonymous (3)
Alfredo and K. Anne Monsivais
Alice and David Anderman
Alison J. Webb
Alton and Deanne Hyer
Amy and Roger Line
Anne M. Rosenthal
Anne Marie Nadeau
Annette and Wilfrid Boucher
Bernard and Ann McGowan
Brad Burns
C. Michael Celenza
Carol A. Welch
Christopher Lavallee
Linda Tanini
Claire L. Celenza
Clifford A. Manchester
Clifton Brawn
David L. and Gloria S. Anderson
Donald Dubois and Annmarie Lieberman
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Douglas and Tania Carnrick
Edward and Eileen Ringel
Edward S. and May R. Coffin
Elaine Shapiro
Elisabeth Borgerhoff
Eric and Heidi Steinert
Fernand LaRochelle and Rae Ann French
Frederic T. and Crystal Olsen
George and Sylvia Findell
Gretchen and Tom Tietenberg
H. Allen and Dianne Ryan
Jerome Kaplan
John C. and Charlene Bridge
John D. Koons, DMD
John L. and Holly L. Margolis
John P. and Prinella Mitchell
John Shattuck
Jon B. and Paula Eustis
Joseph Herman
Karen Heck
Karl and Jane Dornish
Katharina and Rene Burdet
Kimberly Lindlof
Laura and Ed Atlée
Leon A. Duff
Linda and Gary Landman
Linda and Raymond Connors
Lorraine Libby Bowdoin
Lucille M. Taylor
Margaret Baird
Marilyn M. Hall
Martha H. Hiebel
Mary Celenza
Mary Chase
Mary M.L.H. Flint
Melissa Hixon
Michael Eldridge
Alan Dorval
Walter Price
Marjorie Downing
Nancy Welch
Norman Jaillet
Patricia Lyford
Patrick S. A. and Marjorie Flood
Patsy G. Crockett
Paul and Delia Manson
Paul J. Coughlan
Paul S. Machlin and Susan B. Sterling
Peter Mills
Philip Jr and Linda Sturman
Ralph and Marlene Cordes
Randy Moser
Richard and Betty-Jane Meader
Richard and Louise Lavallee
Richard G. and Elizabeth Bachelder
Robert and Nancy Godfrey
Robert and Sharon Fuehrer
Robert J. Ringer, Jr.
Robert L. and Janet Ellis
Ronald and Judy Ducharme
Rosalie Williams
Sally E. Dyer
Samuel D. Shapiro
Samuel N. and Jan Goddard
Sandra Delano
Shirley Eskelund
Skowhegan Rotary Club
Thank you for supporting our non-profit health care agency and for making someone’s world a brighter place to live.

If you’d like to make a tax-deductible contribution in support of Kennebec Behavioral Health, please send a check to:

KMHA Foundation
67 Eustis Parkway
Waterville, ME 04901

or call:
(207) 873-2136 ext. 1005.

If you haven’t been recognized for your FY 2015 donation listing on these pages, we apologize for the oversight.

Please call us at (207) 873-2136 ext. 1005, so we may correct our error and thank you.

Steven and Helen Fogg
Steven Woodside
Suzanne Gagnon
Teresa Favazza
Thomas and Marlene Kane
Timothy Cyr
Tobi L. Schneider
Virginia B. Gallant
W.E. and V.E. Gombert
Waldo Gilpatrick
Walter S. Stephenson
Warren C. and Jeanne Shay
Wendy Hiltz
William I. Branch

Businesses, Foundations & Organizations

Abnaki Council Knights of Columbus #334
Atkins Charitable Trust
Bernstein Shur Counselors at Law
Clark Insurance
Cora Harris Trust c/o Bank of America
Fidelity Charitable Gift Fund
First Congregational Church
UCC
G & E Roofing Co., Inc. / China Dine-ah
Hammond Tractor
Healey & Associates
HealthReach Community Health Centers
J & S Oil Co.
James D. Julia Inc.
Jill McGowan, Inc.
Kennebec Anesthesia Associates, P.A.
Kennebec Savings Bank
Knights of Columbus Maine State Council
Korner Store & Deli
Law Offices of Joe Bornstein
Longfellow’s Greenhouse
Lunder Foundation
Maine Community Foundation
Marshall5 LLC
McKesson Foundation
Mid-State Machine Foundation
Old South Congregational Church
People’s United Bank
Red Barn Cares Foundation
Rosenthal Charitable Trust B
Sebasticook Family Doctors
Hands of Giving
Summit Natural Gas
Sunspray Condominium Asso
The Bank Of Maine Charitable Foundation
The Harold Alfond Foundation
United Way of Greater Portland
United Way of Kennebec Valley
United Way of Mid-Coast Maine
United Way of Mid-Maine
Vannah Yard Care, Inc.
Zimba Company, Inc.

KBH Community Partners

KBH provided more than $500,000 in unfunded health care to uninsured or underinsured residents of many Maine communities. In FY15, these municipalities allocated a portion of their funds to KBH. We are grateful for this important financial support.

City of Waterville
Pleasant Ridge Plantation
Town of Albion
Town of Anson
Town of Benton
Town of Burnham
Town of Canaan
Town of Caratunk
Town of China
Town of Detroit
Town of Dresden
Town of Embden
Town of Fairfield
Town of Farmingdale
Town of Freedom
Town of Litchfield
Town of Madison
Town of Manchester
Town of Moscow
Town of Norridgewock
Town of Oakland
Town of Palermo
Town of Palmyra
Town of Pittston
Town of Readfield
Town of Rome
Town of Solon
Town of St. George
Town of Starks
Town of Vassalboro
Town of Vienna
Town of Wales
Town of Wayne
Town of Whitefield
Town of Windsor
Town of Winslow

KMHA Foundation
Clinics

Waterville Clinic & Administrative Offices
67 Eustis Parkway
Waterville, ME 04901

Augusta Clinic
66 Stone Street
Augusta, ME 04330

Skowhegan Clinic
5 Commerce Drive
Skowhegan, ME 04976

Winthrop Clinic
736 Old Lewiston Road
Winthrop, ME 04364

Clubhouses

High Hopes Clubhouse
26 College Avenue
Waterville, ME 04901
207-877-0038

Capitol Clubhouse
37 Stone Street
Augusta, ME 04330
207-629-9080

Looking Ahead Clubhouse
646 Main Street
Lewiston, ME 04240
207-376-1711

Community-Based Service Hubs

37 Stone Street
Augusta, ME 04330

16 Caldwell Road
Augusta, ME 04330

72 Winthrop Street
Augusta, ME 04330

5 Commerce Modular
Skowhegan, ME 04976

Family Visitation Center
66 Stone Street
Augusta, ME 04330