Addition & Recovery

23+ Million

of Americans (ages 12 and older) suffer from a substance use disorder in any given year

8+ Million:

have a co-occurring mental health disorder along with substance use disorder

10.9% of Americans who needed treatment in a specialized facility received it

10% of Americans (ages 18 and older) claim to be in recovery

Pathways to Recovery

More than 14,500 specialized substance use disorder treatment programs

Treatment at specialized facilities for addiction or co-occurring disorders

12 Steps

AA-Alcoholics Anonymous
NA-Narcotics Anonymous
CA-Cocaine Anonymous

Other Groups

SMART
Al-Anon (Family)
Nar-Anon (Family)

Comparison of Relapse Rates

Substance Use: 40-60%
Hypertension: 50-70%
Type 1 Diabetes: 30-50%
Asthma: 50-70%

* https://americanaddictioncenters.org/rehab-guide/addiction-statistics/